

ENGLISH VERSION

JOURNEY CHURCH  
**FAMILY BUILD GROUP**  
*Love God · Love Family*

S E R I E S 1

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# JCP Family Build Group

Love God, Love Family

*Ps. Marlon Arcilla*

## Guidelines

*How to handle Family Build Group*

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## GUIDELINES on how to handle Family Build Group.

*(These are the specific instructions and guidelines on how to handle Family Build Group meetings)*

- **Question:** what will be the program flow on Family Build Group meetings?
- **Answer:** Use the 4G method of program flow.

<b>Glorify</b>	-	Worship together
<b>Grow</b>	-	Learn together
<b>Groan</b>	-	Pray together
<b>Glow</b>	-	Communion together

### *Step 1*

**Glorify** (*Worship Together*) 5 to 10 minutes.

Family Build Group gathering should start in worship. It's a wonderful experience to see family worship together. You can use musical instrument for accompaniment, cell phone music or Bluetooth speaker. The family can also

sing acapela or whatever method they prefer in worshipping together.

## Step 2

**Grow** (*Learn Together*) 20 to 30 minutes.

This is the discussion part of the family Build Group, the method you will be using is the *Question and Answer method of discussion*. You can use the Build Group Agenda topics every week. We have the first series which is “*God in the Midst of Family Crisis*” with 10 lessons. It is easy to use just follow the instruction from the introduction to sharing background and commentary, sharing question and answer, sharing support verses and sharing conclusion and opinion. Every family member can have a turn to facilitate the discussions. The meeting should be a discussion type not a “preachy” or sermon type church service. Your main goal is to allow every participant to express and share their opinions and everybody should be part of the discussions.

**SERIES 1: GOD in the MIDST of FAMILY CRISIS.**

- God is in control. (John 9:1-5)
- Faith works. (Mark 7:24-30)
- Believing together. (Matthew 18:18-20)
- Prayer changes things. (Mark 5:35-43)
- God's Wisdom Builds. (Proverbs 24:3-4)
- Overcoming worries in life.  
(Matthew 6:25-34)
- Keeping our faith alive. (Hebrew 11:1)
- Let your Kingdom Come.  
(Matthew 6:9-10)
- Give us this day our daily bread.  
(Luke 11:2-4)
- Blessed family. (Psalm 127:1)

## Step 3

**Groan** (*Pray Together*) 15 to 20 minutes.

This is the prayer part where the family prays together. Prayer can be led by the parents either the father or mother. It can also be assign to the children or one after the other or take turns in prayer. Focus your prayer on the family situation and need. Prayer is our utmost

service to God, a privilege given to all believers to come to the throne of His grace. (Romans 8:28) In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans.

## Step 4

### **Glow** (*Communion Together*)

This is now the time of family communion or breaking of bread. The family will come together remembering the death and resurrection of Jesus Christ as mention in 1 Corinthians 11:23 *“Do this in remembrance of me”*.

#### **Question**

*Can communion or breaking of bread be done inside our family or home?*

#### **Answer:**

Only religion and tradition taught us that communion or breaking of bread should be done inside the church. History and the Bible shows that breaking of bread or remembering

of the death and resurrection of Jesus is done from house to house. (Acts 2:46) ...they broke bread in their homes and ate together with glad and sincere hearts.

### Question

*How to do the communion inside the home or family?*

### Preparation --

Prepare the elements or symbol for the Communion. Have bread for the body symbol of the Lord Jesus and grape Juice or grape wine for the symbol of the blood of Jesus.

### Bible Reading --

Assign a bible reader to read.

1 Corinthians 11:23-25

For I received from the Lord what I also passed on to you: The Lord Jesus on the night he was betrayed, took the bread, and we have given thanks, he broke it and said "this is my body, which is for you; do this in remembrance of me."

In the same way, after supper he took the cup, saying "This cup is the new covenant in my blood; do this, whenever you drink it in remembrance of me."

## *Reflection --*

This is the reflection part; remember the death, resurrection and the second coming of the Lord Jesus Christ. He gave emphasis as he mention it twice "do this in remembrance of me."

Pray for the elements, bread symbol of the body of the Lord Jesus. By His stripes we are healed (Isaiah 53:5) the Juice symbol of the blood for the forgiveness of sin. ...without shedding of blood there is no forgiveness. (Hebrews 9:22)

## *Closing Prayer --*

Praise the Lord, end of family BG.

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# **GOD IN THE MIDST OF FAMILY CRISIS**

**SERIES 1**

# AGENDA 1

## GOD IS IN CONTROL

John 9:1-12 (*assign somebody to read the text*)

**INTRODUCTION:** \*Ask 2-3 persons to give their opinion.

A lot of families nowadays are experiencing problems and difficulties due to the crisis of pandemic. They are already experiencing doubts and asking the questions “Is God capable to help me? Is God still there? Can God help me?” They have already doubts and feel that they were left alone by God because of their situation. Our study will prove the God is in control on every situation we had life. Having life from God is the greatest privilege for us to have hope and faith in GOD whatever happens. God has a purpose for everything happening in our life.

### **Sharing:** Background and Commentary

*(BG leader should study the background and commentary for his discussion to the group.)*

In this story Jesus was asked by his disciples about the blind man from birth. (V2),

they said “Rabbi who sin this man or his parents that he was born blind?” The disciples has in mind that the very reason that this man is born blind because of either his sin or his parents sin. Jesus corrected them by saying in (V3) this is not because of sin but God allows this thing to happen so that on this very day the works of God might be displayed on him. The encounter of the blind man with Jesus changes the course of his life from being hopeless from birth to a testimony of God being in control of everything in his life. God knows ahead of time his perfect plan, when and where he will do miracle and change the course of our life. Proving the he is in control of every situation of his children. Having faith in God can change the course of your life from worst to best, from lost to victory and from weakness to strength. So whatever is happening in your life now always believe GOD is in control.

### **Sharing:** Question and Answer

*(The BG leader should be a good facilitator of questions, allow the members to express their opinions on each questions, ask 2 -3 members for each question to start discussions.)*

**Question**

- Who is God for you? And what God did in your life?
- What is the meaning of God is in control for you?
- Did you experience doubting God in your life? What did you do to overcome this doubt?

**Sharing: Supporting Verses**

*(BG leader can ask 1-2 members to read and give their opinion on these support verses on the topic.)*

*(Proverbs 19:21, Lamentations 3:37, Psalm 115:3)*

**Sharing: Conclusion and Opinion**

*(Final question to evaluate the learning of members.)*

What did we learn in our Family Build Group today?

*God is in control in the midst of family crisis, when we remove all our doubts and start to give our complete trust on Him. God who gave life knows the best for this life.*

# AGENDA 2

## FAITH WORKS

Mark 7:24-30 (*assign somebody to read the text*)

**INTRODUCTION:** \*Ask 2-3 persons to give their opinion.

“FAITH IS LIKE A LADDER THAT WILL HELP YOU GO UP AND SEE ALL THINGS HIGHER.”

*Ps. Marlon Arcilla*

### **Sharing:** Background and Commentary

*(BG leader should study the background and commentary for his discussion to the group.)*

Jesus went to the region of Tyre (The place Tyre is a “Pagan City” they worship idols and it is a place of Gentiles or non-Jews. We can say that Tyre is place of unbelieving people to Yahweh, and we can see that Jesus intentionally goes to the places that need Salvation. In V7 Jesus wants to keep his presence secret or we can say he has no intention for ministry, but a situation came when a Greek Woman born in Syrian Phoenicia recognize Jesus authority to

heal and beg for her daughter's healing. In this story Jesus tested her Faith on believing his authority and power to heal her daughter. We should also recognize that Jesus was in the place of unbelievers, He wants to show something why he is in Tyre, and Jesus was surprise seeing a great faith in the place of non-believers. Jesus wants to show his disciples that God is reaching both Jews and Gentiles and the grace of God is for everybody who has faith.

### **Sharing: Question and Answer**

*(The BG leader should be a good facilitator of questions, allow the members to express their opinions on each questions, ask 2 -3 members for each question to start discussions.)*

#### **Question**

- How will you define faith? Or what is faith for you? Give us some of your experiences that you use faith in a situation.
- How did the Greek woman in the story express her faith? (Mark 7:26-30)
- How will you prove that you have faith in times of our crisis or pandemic today? What are the things you need to do?

**Sharing: Supporting Verses**

*(BG leader can ask 1-2 members to read and give their opinion on these support verses on the topic.)*

*(Hebrews 11:1, James 1:6)*

**Sharing: Conclusion and Opinion**

*(Final question to evaluate the learning of members.)*

What did we learn in our Family Build Group today?

*Faith works in the midst of family crisis when you strongly believed in God for everything, including those you haven't seen and experience yet in life.*

# AGENDA 3

## BELIEVING TOGETHER

Matthew 18:18-20 *(assign somebody to read the text)*

**INTRODUCTION:** \*Ask 2-3 persons to give their opinion.

**Give your opinion:**

The ants are recognized and were mentioned twice in the Bible in (Proverbs 6:6, 30:25).

Do you think ants are showing unity? What do you think they are saying to each other when they cross their path and it seems they are kissing?

**Sharing: Background and Commentary**

*(BG leader should study the background and commentary for his discussion to the group.)*

In the story of Matthew 18, the disciples came to Jesus and ask (v1) “Who then is the greatest in the Kingdom of Heaven?” The disciples are starting to look up on themselves and being disunited because of pride. It was on their surprise in (v2) that Jesus called a little child to him and said **“Truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven.”** What is in a child that Jesus mean? (V4) he is talking about the lowly position of a child, being a learner who is willing to absorb and listen. Jesus is implying to the disciples to accept those

who are weak and help those who fall. Don't be a stumbling block to others; don't seek position but serve one another, if someone falls help him to be restored by the church (v15). Unity and understanding in powerful key for prayer to be answered (V18-19). In a family there is so much importance for agreement and unity, prayer becomes more powerful when there is respect, loyalty and agreement with one another. A family who agrees in prayer will always surpass whatever difficulty, crisis or pandemic they are facing in life.

### **Sharing: Question and Answer**

*(The BG leader should be a good facilitator of questions, allow the members to express their opinions on each questions, ask 2 -3 members for each question to start discussions.)*

#### **Question**

- How important unity in a family prayer? Can you give a testimony of answered prayer that you experience when you started to believe as family?
- Can you explain and how you understand Matthew 18:19?

- How can a family show unity and agreement in this time of pandemic?

**Sharing: Supporting Verses**

*(BG leader can ask 1-2 members to read and give their opinion on these support verses on the topic.)*

*(Psalm 133:1)*

**Sharing: Conclusion and Opinion**

*(Final question to evaluate the learning of members.)*

What did we learn in our Family Build Group today?

*There is an open heaven of blessings for those families who have faith and believing together that God is with them in the midst of their family crisis.*

# AGENDA 4

## PRAYER CHANGES THINGS

Mark 5:35-43 (*assign somebody to read the text*)

**INTRODUCTION:** \*Ask 2-3 persons to give their opinion.

### **Give your opinion:**

There is an acronym PUSH that means **Pray – Until – Something - Happen**. This teaches you to persevere and never stop praying. What do you think are the hindrances in prayer?

### **Sharing:** Background and Commentary

*(BG leader should study the background and commentary for his discussion to the group.)*

This chapter 5 of the book of Mark is miracle chapter, where we can see that Jesus restores a demon possess man in (V!-20) healing of a woman bleeding for years in (V25-34). Here in our verse is the story of Jairus, the Synagogue leader, a devout person to God and one who has heard a lot about Jesus miracles. He might be desperate on the situation of his

little child because he pleaded with Jesus to come with him in his house. While they were on the way news came to them that his daughter is already pronounce dead. Here is a testing of faith Jairus, will he still believe that Jesus turn this situation on his favor. Can Jesus turn tragedy into favor and mourning, sorrows into joy? In our prayer God can things, and the worst situation in our life can turn to be a blessing. Jesus says “Talitha Koum!” which means little girl, I say to you get up. Immediately the girl stood up and began to walk around, she was 12 years old and all of them were astonished. That's what prayer is all about; he can change things that will show the awesomeness of God.

### **Sharing: Question and Answer**

*(The BG leader should be a good facilitator of questions, allow the members to express their opinions on each questions, ask 2 -3 members for each question to start discussions.)*

#### **Question**

- Do you believe in your own prayer? How can you show that you believe in your prayer?
- Do you believe Jairus has faith in this story? Why?

- Share some stories on how you have proven your faith in your prayers.

**Sharing: Supporting Verses**

*(BG leader can ask 1-2 members to read and give their opinion on these support verses on the topic.)*

*(Mark 11:24, John 14:1)*

**Sharing: Conclusion and Opinion**

*(Final question to evaluate the learning of members.)*

What did we learn in our Family Build Group today?

*Prayer changes things when we have faith and expectation on God who works in all things, in all ways, and at all times.*

# AGENDA 5

## GOD'S WISDOM BUILDS

Proverbs 24:3-4 *(assign somebody to read the text.)*

**Introduction:** \*Ask 2-3 persons to share.

**Question**

What do you think are the differences between knowledge and wisdom?

**Answer:**

*Knowledge* is the information you have learned from a teacher, school or books, while *wisdom* is the ability to use all that *knowledge* in an actual and deeper way in life. So *knowledge* is a part and *wisdom* is the whole. *Wisdom* goes beyond learning facts, it includes on how to use those understanding and making sense of those facts into our practical life.

\* Our time right now is an era of information, and even if you have gain knowledge and understanding from prestigious sources but without wisdom to regulate it on your life and family, it is nothing.

**Sharing: Background and Commentary**

*(BG leader should study the background and commentary for his discussion to the group.)*

This part of proverbs 24:3-4 or saying 21 is written by King Solomon the son of King David,

who has granted wisdom by God. This wisdom gives him a discerning heart to govern and to distinguish between right and wrong (1 Kings 3:9-13). This wise and discerning heart means an ability to regulate his life, decision in accordance with God's will. It is also the ability to choose what is good and right in the sight of God. Imagine a wise King who is saying that by God give wisdom a house is built and by understanding or doing what is right it will become stronger. All the knowledge you have gain if it used with wisdom it will produce treasures in your life and family. Here we can see that having God given wisdom will help you obey and influence your family to live on God's will and choose what is right that will perfectly produce favor, blessings and breakthrough in your family.

### **Sharing: Question and Answer**

*(The BG leader should be a good facilitator of questions, allow the members to express their opinions on each questions, ask 2 -3 members for each question to start discussions.)*

**Question**

- Did you ever experience loosing wisdom in your decision? What is the result of that decision?
- How would you explain this phrase “by wisdom a house is built?”
- What are the things you need to do to have this wisdom?

**Sharing: Supporting Verses**

*(BG leader can ask 1-2 members to read and give their opinion on these support verses on the topic.)*

(James 1:5, Proverbs 9:10)

**Sharing: Conclusion and Opinion**

*(Final question to evaluate the learning of members.)*

What did we learn in our Family Build Group today?

*God given wisdom builds a strong family to face all the challenges in times of crisis.*

# AGENDA 6

## OVERCOMING WORRIES IN LIFE

Matthew 6:25-34 (*assign a verse for each member*)

**Introduction:** \*Ask 2-3 persons to share

### Question

Can you mention one symptoms of worry or anxiety that you know?

**Answer:** *5 Symptoms of Worry or Anxiety.*

1. Feeling nervous or tense.
2. Having a sense of panic.
3. Palpitation or increase in heart rate.
4. Breathing rapidly.
5. Sweating.

\* Worrying or anxiety is one of the most difficult experiences you will have in your life; it is more than sickness that gives weakness to your physical body. That's why Jesus is strongly teaching us not to worry but rather believe on HIM to have peace of mind.

**Sharing: Background and Commentary**

*(BG leader should study the background and commentary for his discussion to the group.)*

Jesus went to the mountainside and began teaching (5:1), his primary audience is the discipleship and this is popularly known as the "Sermon on the Mount." He discusses practical issues and topics about life; one of these is the treasures that won't last. He encourages everybody to store up for themselves treasures in heaven where no one can steal and destroy. He is practically dealing about materialism that influences the pagan in those days. In our study today, Jesus is strongly teaching us not to worry so much about materials things, what you eat or what you wear (v22) Life is more important than material or temporary things; God is our source and provider for everything. He feed the birds of the air and created the flowers more adorable than the kings of this world. He is the GOD who is in control of our situation, our provider for whatever kind of needs we have. Let the day be enough to worry for itself means you can never change any situation in your life by worrying

**Sharing: Question and Answer**

*(The BG leader should be a good facilitator of questions, allow the members to express their opinions on each questions, ask 2 -3 members for each question to start discussions.)*

**Question**

- How do you know when you are already worrying? What are your ways to overcome your worry?
- How would you explain *(Matthew 5:27)*
- What are the benefits of seeking GOD first? *(Matthew 6:33)*

**Sharing: Supporting Verses**

*(BG leader can ask 1-2 members to read and give their opinion on these support verses on the topic.)*

*(John 14:1, John 14:27)*

**Sharing: Conclusion and Opinion**

*(Final question to evaluate the learning of members.)*

What did we learn in our Family Build Group today?

*Worry can give you fear and sickness, but faith in God can give you miracle and breakthrough.*

# AGENDA 7

## KEEPING OUR FAITH ALIVE

Hebrews 11:1 (*assign somebody to read the text*)

**Introduction:** \*Ask 2-3 persons to share.

### Give your opinion:

The term **FAITH** is use as acronym for *Family Agreement Inside The House*.

### Question

How agreement in a family affects the faith in prayer?

### Sharing: Background and Commentary

*(BG leader should study the background and commentary for his discussion to the group.)*

The author of this writings Hebrews is encouraging the Jewish believers that time who are in danger of falling away from the faith. False teaching was rampant and extreme persecution is evident, believers were executed and killed because of their faith in Jesus. Hebrews 11 is also famous as a “faith chapter”

giving the finest definition of what faith is all about (11:1) In this chapter all the previous “champions of faith” was given recognition. These are men and women of faith in action such as Abel, Enoch, Noah, Abraham, Sarah, Isaac, Jacob, Joseph, Moses, Rahab, Gideon, Barak, Samson, Jephthah, David, Samuel, and Prophets. They were all commended for how they keep their faith alive even if some of them did not receive the promise but still they believed.

### **Sharing: Question and Answer**

*(The BG leader should be a good facilitator of questions, allow the members to express their opinions on each questions, ask 2 -3 members for each question to start discussions.)*

#### **Question**

- Do you believe you have faith in your prayers? Why?
- How would you explain Hebrews 11:3?
- How will you encourage someone who is losing faith in prayers?

**Sharing: Supporting Verses**

*(BG leader can ask 1-2 members to read and give their opinion on these support verses on the topic.)*

(Hebrews 11:6, James 1:6)

**Sharing: Conclusion and Opinion**

*(Final question to evaluate the learning of members or you can end in telling a story or whatever styles of conclusion you want.)*

What did we learn in our Family Build Group today?

*Keeping our faith alive will keep your hope and expectation of God's presence in the middle of crisis.*

# AGENDA 8

LET YOUR KINGDOM COME

Matthew 6:9-10 *(assign somebody to read the text)*

**Introduction:** \*Ask 2-3 persons to share

**Question**

When you think of a Kingdom, what comes on your mind?

**Answer:**

You can think about the King, Power, Authority, Wealth and Riches, Laws and Commandments. The King has the full right to receive all these things and he has also the right give it to which he wants to.

**Sharing: Background and Commentary**

*(BG leader should study the background and commentary for his discussion to the group.)*

Jesus went to the mountainside and began teaching (5:1), his primary audience is the discipleship and this is popularly known as the "Sermon on the Mount." A parallel story in Luke 11:1 a very descriptive writing about his disciples asking him to teach them to pray just as John (the Baptist) taught his disciples. Jesus gave a pattern of prayer saying (v2) "When you pray say..." The prayer started with adoration, worshiping the Father (v2) "hallowed be your name." In our study, this is the part of

declaration asking God to let his Kingdom come. The heavenly experiences such as; blessing, favor, power and authority to rule here on earth as it is in heaven. Imagine all of this will happen to your family as you declare and ask for in prayer. We need to encourage one another inside our family to push our prayer declaring the kingdom of God to come in us.

### **Sharing: Question and Answer**

*(The BG leader should be a good facilitator of questions, allow the members to express their opinions on each questions, ask 2 -3 members for each question to start discussions.)*

#### **Question**

- What do you think “let your kingdom come and your will be done on earth as it is in heaven means?”
- What will happen to your family when the Kingdom of God comes?”
- What are your dreams for your family?

### **Sharing: Supporting Verses**

*(BG leader can ask 1-2 members to read and give their opinion on these support verses on the topic.)*

*(1 Corinthians 4:20)*

**Sharing: Conclusion and Opinion**

*(Final question to evaluate the learning of members or you can end in telling a story or whatever styles of conclusion you want.)*

What did we learn in our Family Build Group today?

*The most important in the Kingdom of God is the presence of the God. When the fullness of His presence dwells among our family, there will also be fullness of favor and joy.*

# AGENDA 9

GIVE US THIS DAY OUR DAILY BREAD

Luke 11: 2-4 *(assign somebody to read the text)*

**Introduction:** \*Ask 2-3 persons to share.

## **Question**

If you are given a chance to ask 3 things for your family, what will you ask?

**Sharing: Background and Commentary**

*(BG leader should study the background and commentary for his discussion to the group.)*

This is a parallel story of Matthew 5 “Sermon on the mount,” Luke wrote a very descriptive writing about a disciple asking Jesus to teach them to pray just as John (the Baptist) taught his disciples. Jesus gave a pattern of prayer and this is the asking part or supplication; “give us this day our daily bread.” Bread is the primary food that every people need daily in that time to live; tis imply that Jesus is teaching us to do a specific prayer for our need. Give us this day... is when we need it, our daily bread is what we need. We need to specify what we are asking and when we want to receive it. When we do that kind prayer, it requires more faith and expectation to see God’s provision at the right time. The more you specify your prayer the more faith you need to exercise.

**Sharing: Question and Answer**

*(The BG leader should be a good facilitator of questions, allow the members to express their opinions on each questions, ask 2 -3 members for each question to start discussions.)*

**Question**

- How important prayer to you?
- How would you explain this phrase “give us this day our daily bread?”
- What is the biggest answered prayer you remember in your life?

**Sharing: Supporting Verses**

*(BG leader can ask 1-2 members to read and give their opinion on these support verses on the topic.)*

*(Matthew 7:7-8)*

**Sharing: Conclusion and Opinion**

*(Final question to evaluate the learning of members or you can end in telling a story or whatever styles of conclusion you want.)*

What did we learn in our Family Build Group today?

*Always believe as a family that day by day God is the provider of all our needs.*

# AGENDA 10

## BLESSED FAMILY

Psalm 127:1 (*assign somebody to read the text*)

**Introduction:** \*Ask 2-3 persons to share.

### Question

If you are given a chance to ask 3 things for your family, what will you ask?

### Sharing: Background and Commentary

*(BG leader should study the background and commentary for his discussion to the group.)*

Psalm 127 is a song of ascents of King Solomon; he is bringing back the attributions to God. He recognizes that dependency on God will bring success in building a family or a city. He personally experiences the negative effect on his Kingdom when he did not seek and obey God's commandments (1Kings 11:11). His marriages became a disastrous denial of God, (1Kings 11:1) He stopped depending on God; he stopped seeking God and start worshiping other Gods of the land. When you lost your faith and trust in God, you will also lost your

blessing. The true blessings in a family start with the obedience and faith on God's plan and purpose in life.

### **Sharing: Question and Answer**

*(The BG leader should be a good facilitator of questions, allow the members to express their opinions on each questions, ask 2 -3 members for each question to start discussions.)*

#### **Question**

- What is a true blessing for you?
- How would you explain this phrase "unless the Lord builds the house, his builder's labor in vain?"
- What is your greatest failure in your family?

### **Sharing: Supporting Verses**

*(BG leader can ask 1-2 members to read and give their opinion on these support verses on the topic.)*

*(Matthew 3:33)*

### **Sharing: Conclusion and Opinion**

*(Final question to evaluate the learning of members or you can end in telling a story or whatever styles of conclusion you want.)*

What did we learn in our Family Build Group today?

*Let us all seek for the true blessings and perfect will of God in our family.*